

Sept	Lunch	Supper	
Monday <i>(meat free day)</i>	Main	Macaroni Cheese (C,M)	Cod Mornay (F,C,M)
	Vegetarian	Vegetable Balti (Mu)	Quinoa, Beetroot & Edamame Burgers
	Sides	<i>Rice, Naan, Vegetables & Garlic Bread</i>	<i>New Potatoes & Vegetables</i>
Tuesday	Main	Cottage Pie (C,M) (halal)	Lamb Jalfrezi (Mu)
	Vegetarian	Lentil & Chickpea Dahl	Cauliflower Cheese (C,M)
	Sides	<i>Vegetables & Rice (C)</i>	<i>Vegetables</i>
Wednesday	Main	Beef Bourguignon	Butter Chicken (M,Mu)
	Vegetarian	Vegetable Gratin	Vegetable Kiev's
	Sides	<i>Rice, Potato & Vegetables</i>	<i>Rice & Naan Bread</i>
Thursday	Main	Roast Gammon & Parsley Sauce (C,M)	Chicken & Chorizo Pasta Bake (C,M)
	Vegetarian	Spinach & Ricotta Cannelloni (C,M)	Pasta Arabiatta (C)
	Sides	<i>Roast Potatoes & Vegetables</i>	<i>Garlic Bread (C) & Vegetables</i>
Friday	Main	Battered Cod(F,C)	BBQ Ribs
	Vegetarian	Pizza (C,M)	Vegan Quorn Nuggets (C)
	Sides	<i>Chips & Peas</i>	<i>Wedges & Corn on the Cob</i>
Saturday	Main	Brunch (Su,M,E,C)	Thai Drunken Chicken (S,F)
	Vegetarian		Stir Fried Vegetables (So)
	Sides		<i>Noodles</i>
Sunday	Main	Spaghetti Bolognaise	Burgers etc
	Vegetarian	Courgette & Tomato Gratin (C,M)	
	Sides	<i>Potatoes & Vegetables</i>	
	<i>Soup, crusty bread, salads and pasta bar also available</i>		<i>A wide selection of salads are also available</i>

KEY TO ALLERGENS

C – cereals containing gluten, CE – celery and celeriac, CR – crustaceans, E – eggs, F – fish, L – lupin, M – milk, MO – molluscs, MU – mustard, N – nuts, P – peanuts, S – soya beans, SE – sesame, SU – sulphur dioxide